## Marc Hoberman and Daniel Echevarria Present:

#### "The Power of Choices"



## PRESENTATION OUTLINE

#### **Items to Discuss**

- -Understanding Bullying
- -The Impact of Communication
- -The Need for Leadership Training
  - -Overcoming Adversity
    - -Character Education

## "Hurt People Hurt Heal People"

Daniel and Marc are changing the narrative that the physical and emotional scars we experience in our lifetimes can be used to heal others. We will honor our scars so that we can use them for strength, rather than weakness.

Bullying can be classified into four main types: physical, verbal, social, and cyber-bullying

What is Bullying?

Bullying is a widespread issue on college campuses, with 60% of college students witnessing a student bullying another student

Low academic achievement, increased drop-out rate, and increased levels of high-risk behavior such as drug and alcohol abuse are linked to bullying

#### The Hard Facts

33%

of youth suicides (15-24) are linked to bullying

#### **The Hard Facts**

60%

of students think their school is not doing enough to support student mental health.

# WE OFFER TRAINING PROGRAMS IN THE FOLLOWING:

- CHARACTER EDUCATION
- CONFLICT RESOLUTION
- MENTAL HEALTH DEVELOPMENT
- BUILDING RESILIENCY
- ANTI-BULLYING
- D.E.I.
- TEAM BUILDING
- SUBSTANCE ABUSE PREVENTION

## Virtual or In-Person Programs

## Our programs are tailored to your specific needs

- -A survey will be conducted before our arrival to determine the needs of everyone who will be attending our programs.
- -Our programs serve college students, faculty, staff, and parents.

# TO IMPACT AS MANY ATTENDEES AS POSSIBLE, EVERY EXPERIENCE WILL FEATURE:

- An interactive visual presentation
- Safe and open discussions that use authentic attendee experiences
- Exercises that teach about the power of our choices
- A Workbook that the kids will have after we are gone
- Mentoring Resources
- Hands-on interactive Activities

# EDUCATION AND AWARENESS OUTCOMES

#### **Building Resiliency**

- -Promoting Empathy and Understanding for ALL
- -Developing A Growth Mindset

#### **Health and Wellness Programs**

- Emotional and Physical Safety
- Healthy habits to implement in everyday life

#### STRESS MANAGEMENT

- -Encouraging Supportive Communities
- -Effective Communication
- -Cultural Awareness

### Social-Emotional Development



**Overcoming Adversity** 



**Character Education** 



**Cultural Awareness** 



**Communication Skills** 

## Join The Movement To Improve Mental Health

More than 33% of college students across the country were diagnosed by mental health professionals as having at least one mental health symptom.

More than 6 out of 10 students believe their school is not doing enough to support student mental health.

A recent study found that 90% of employers ranked written communication as very important. Yet, only 44% believed graduates were adequately prepared in this area.

## THROUGH A SERIES OF ESTEEM BUILDING EXERCISES AND CONVERSATIONS, YOUR STUDENTS ARE PROVIDED OPPORTUNITIES TO EXPAND THEIR:

- Self-Confidence
- Character Development
- Decision Making Skills
- Mental Health and Wellbeing
- Understanding of The Power of Choices

Educator with more than 30 years experience School, Camp, Corporate Trainer 25 years

Owner of Grade Success Education Tutoring & Training since 1995

Producer of 2 documentaries *Surviving the Hill* & *The Evolvolution Initiative: The Culture Shock Experience* 

Amazon Best-Selling Author: Adversity Defeated: Turn Your Struggles Into Strengths

Creator and Host of Life Stories with Marc Hoberman and Lighting The Educational Flame



## Daniel Echevarria (aka Dano)

### Talk Show Host/Producer

Over 1 Million views for "Weekly Dose of Dano TV"

Youngest television producer in e360tv history

Front Page Appearances on lagazines dedicated to inspiring change and positive development



#### **Cultural Impact**

JB Dondolo Board Member (providing clean water to international youth)

Contributor to the "Power of We Symposium"

Seasoned emcee for special events and community gatherings

#### CONTACT INFORMATION

How to get in touch with us:

(609) 634-7453

info@thepowerofchoices.com



(845) 369-7967 info@thepowerofchoices.com

